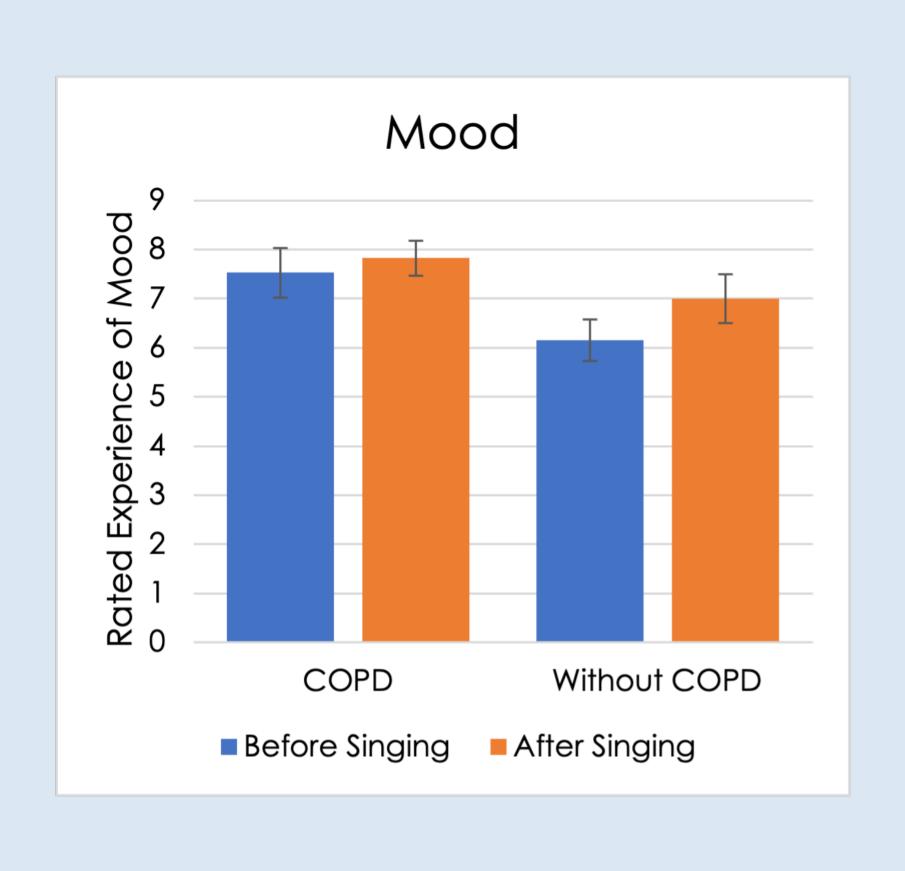
## Biopsychosocial benefits of group singing in chronic obstructive pulmonary disease

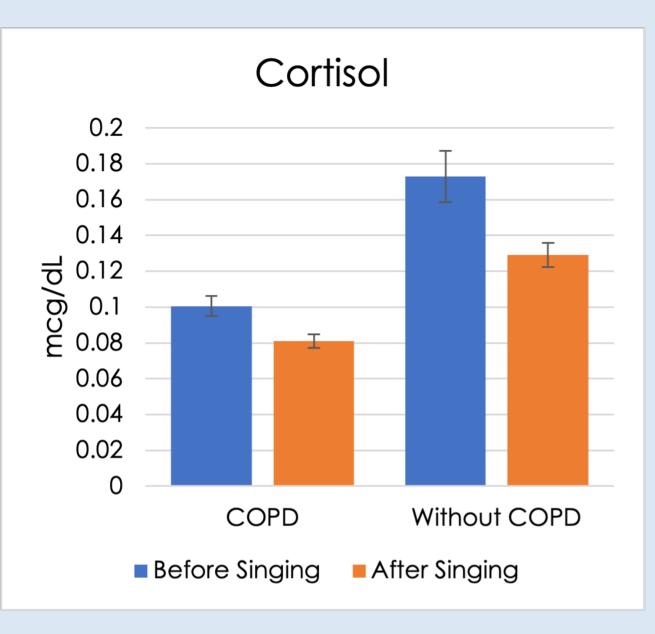
Tara Raessi; Arla Good ; Alex Pachete; Gunter Kreutz; & Frank Russo

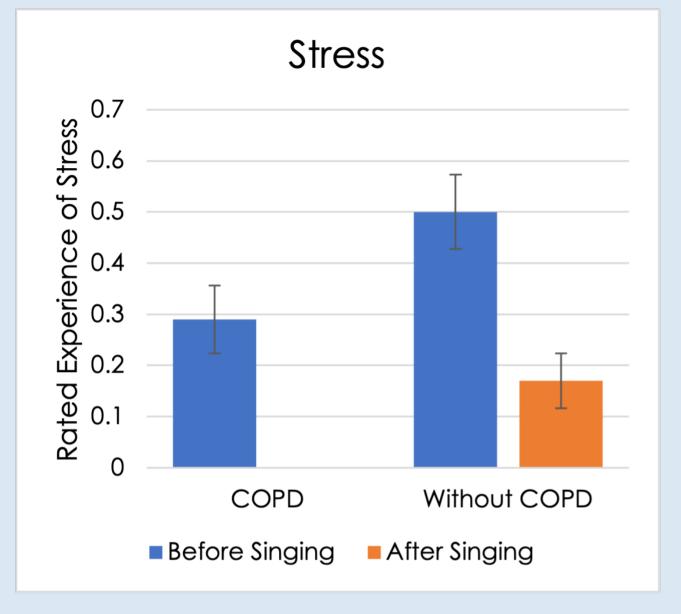


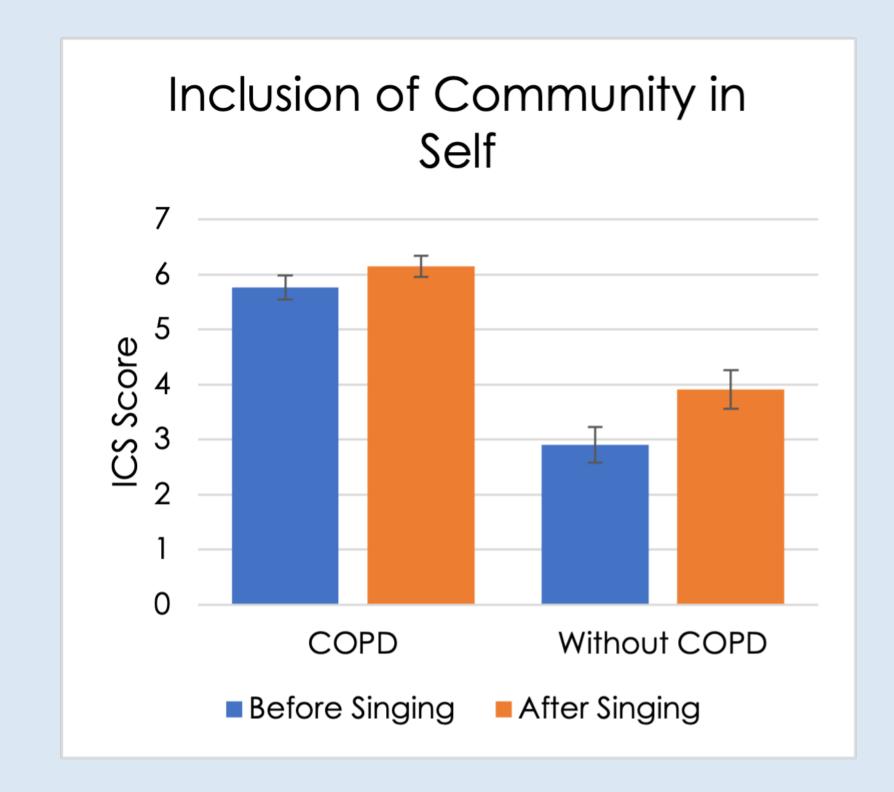












Funding

Toronto
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GROUP SINGING IMPROVED OVERALL MOOD, COMMUNITY CONNECTEDNESS, AND DECREASED STRESS AND CORTISOL