

Sync or Sink: Examining the Relationship Between Tapping and Time-Keeping Adaptability

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Introduction

- Following and temporally anticipating events in a rhythmic stream is vital for coordinating movements and interacting with our environment (De Kock, 2021)
- Studies have shown that movement

Goal: Investigate the relationship between movement and time-keeping abilities **Investigate:** Does tapping affect the way we adjust our rhythmic timing perception to accommodate timing perturbations?

Research Question



exerts a wide range of effects on subjective timing by biasing or improving sensitivity of estimates (De Kock, 2021)

Beat-based timing demonstrations show that active tapping leads to greater accuracy and precision at detecting timing deviations (De Kock, 2021)



and second-to-last tone



0.014, 0.028, 0.042, 0.056

TAPPING ACROSS ALL PARTICIPANTS NO TAPPING ACROSS ALL PARTICIPANTS early initial shift early initial shift — no initial shift — no initial shift late initial shift late initial shift

Results

Increased precision and perception of precision in tapping trials regardless of shift in the second-last beat

0 -

2 -

3 -

4 -

5 -

6 -

Greater cumulative sum of confidence ratings for tapping trials than

More "early" judgments while tapping

Increased sensitivity to the timing of the last beat

Expected Distribution: 'Tapping' Condition Late Early Initial Shift

Analysis & Conclusions

- Increased precision in tapping trials only with no shift in second-last beat More "early" judgments while tapping
- Increased sensitivity to the timing of the last beat
- Implies that rhythmic time perception is affected by entrained movement

